



# Time To Think Coaching Course

## WHAT IS THE COACHING COURSE?

Are you interested in becoming a certified Time to Think Coach?

The Time to Think Coaching course is an intensive, advanced level professional programme to become a registered "Time to Think Coach". It's for coaches who want to support their clients in going to the cutting edge of their own thinking. It's radical, transformative and in many ways disruptive to many people's existing ideas of what coaching is or should be! It is the sequel to the 3 day Thinking Partnership Course.

The Coaching Course is a 4-day course (2 days f2f, and 2 further days online) in which you can deepen your understanding and use of the Thinking Session and enable you to take this approach with professionalism and confidence deep into your work as a coach.

We will explore further the following areas:

- What are we noticing from our own learnings about "Waves and Pauses" of thinking ?
- How do we invite, inspire and encourage the fully independent thinking of our clients?
- How do we navigate the "tiny huge question" of how can we be sure that what we are about to say (at any point in a coaching session) will be more valuable for our client than what they were about to think (if we didn't speak)?
- How can we help clients navigate blocks in their thinking, most typically caused by untrue assumptions lived as true?
- What is the spectrum of coaching interventions & their impact on the client's independent thinking? If we do "depart" from the innate breakthrough questions of a thinking Session, how do we ensure that there is no diminishing of the experiencing of being in a thinking environment for our client?
- What are the different parties' expectations of a coach, the skills of contracting including 3-way, session management, and maintaining a Thinking Environment when specific tools and exercises are needed within an agreed coaching programme, for example, 360 feedback or personality profiling tools?
- How can we use dialogue in a Thinking Environment as a coaching tool?
- What are the implications for diversity, and its impact on the coach-client relationship and other groups?

Like the Thinking Partnership, the programme will be very experiential with many opportunities to practise being a thinker and a thinking partner, illustrating the importance of the way of being rather than doing.



## WHAT DOES THE COURSE COMPRISE OF?

- 4 days of group workshops (2 face to face and 2 on zoom) . Lunch included for the f2f.
- A raft of fascinating learning resources - course manual, articles, TED talks, blogs, exercises
- A CPD certificate signed by Nancy Kline and Anna Inama
- 4 hours of 1:1 Practicum supervision - typically 2 as a group and 2 as individuals, which we agree at the end of D4. You can start your Practicum any time after day 3, and it should be completed by end of 2025.
- NB I am also exploring with the International Coach Federation whether this course can be accredited as ICF CCEUS. This is work in progress and is not guaranteed for Q1 programmes.

## WHAT IS THE SUGGESTED PREPARATION FOR THIS PROGRAMME?

- As you will already be familiar with this work through your experience of the Thinking Partnership Course, we recommend reviewing your notes and Thinking Partnership course manual (The Detail).
- Read Nancy's latest book The Promise, particularly the latter chapters which focus on the Thinking Session
- Schedule regular Thinking Pairs and or Thinking Sessions to practise, and to gather your reflections, experiences and questions to bring to the sessions.
- Some relevant articles as pre-work will be sent out approximately 2 weeks before the commencement of the programme.
- Please plan your diary to be able to schedule some time for practise Thinking Sessions in the gap between D2 and D3 with fellow participants in order to bring more of personal experiences, learnings and reflections to Day 3.

This course will be equally valuable for alumni of The Thinking Partnership Course who wish to take their Thinking Session expertise into their client work as Coaches, Therapists, Leaders-of-people, and for already accredited Time to Think Coaches and Thinking Partnership Teachers who wish to review and update their practice and deepen their understanding of navigating waves and pauses, the questions we (as Thinking Partners) consider inside the pause, and the weaving in of the Thinking Environment findings to assist our navigation of those considerations.



## WHAT ARE THE PRACTICUM REQUIREMENTS?

- Following the 4 days of learning, participants who wish to pursue a certification as Time to Think Coach will need to complete a supervised and supported Practicum to further deepen their learning and experience. This comprises the following :

**1. PRACTICE COACHING SESSIONS:** Practice-coach two people (not course participants) for three sessions each (six sessions in total). After each session, write/record a summary of the session and notes of your learning, as well as questions that the session raised for you. It is encouraged to contract with your Thinker to record these sessions to play back for your learning. Please also submit one of these recordings to be as your supervisor and practicum faculty member.

**2. EXPLICATE THE PAUSES:** Demonstrate your competence in thinking through the 'considerations' that lead to the best choice of next question for the Thinker. This is done by you being a thinking partner to me as your supervisor and guiding me through the considerations as you determine what is my need as I think.

**3. CHARACTERISE THE THINKING SESSION AS COACHING:** Communicate to your me as your Practicum Faculty your responses to these questions in whatever form works best for you (this could be reflective writing, a video or a presentation):

- In what ways do you think the Thinking Session is a genuine and effective coaching framework?
- What do you think are the features of the Thinking Session that are not usually found in other coaching approaches that you will need to explain to your clients? How would you explain each of them?

**4. HAVE TWICE-WEEKLY THINKING SESSIONS:** During the period of your learning and qualifying, continue to refine and advance your expertise by having two Thinking Sessions per week, confirming progress by email with me as your Practicum faculty mentor.

## WHAT HAPPENS AFTER QUALIFICATION?

After successfully completing the Practicum, you will be a certified TTT Coach. And will be listed in your country's section of the Time to Think website. This listing will also provide a link to your own website. You will also be invited to join the TTT Collegiate.

As part of your ongoing qualification, we ask you to sign and maintain a License Agreement with TTT.

You are encouraged to maintain regular supervision in this work by having:

- One Thinking Pair/Partnership session per week
- One of the Thinking Pairs/Partnership Sessions per quarter focused on your Thinking Environment Personal Practise
- Collegiate events, and development sessions.



## WHAT IS YOUR INVESTMENT?

The investment on the programme is Euros **2300 + VAT**. This is fully inclusive of 4 days of learning (2 days in person and 2 days online), course materials, learning support materials, and Practicum supervision with Anna.

**Phased payments will be considered, upon application.**

### DATES IN 2026:

**19<sup>th</sup> & 20<sup>th</sup> January 2026 (D1, D2) in person in Munich**

**D3, D4 to be virtual spread across 4 x half days Feb-April 2026 (Timings depending on participant availability)**

***“The quality of everything we do as human beings depends upon the quality of the thinking we do first” – Nancy Kline***



### About Anna

I am an Executive Coach to leaders and their teams. I am an Accredited Time to Think Coach, Facilitator, Teacher, a member of the Time to Think Collegiate. I have trained predominately with Nancy Kline, the pioneer of the

Thinking Environment. Connecting with the Collegiate regularly provides me the opportunity to develop my freshest thinking and practice in the on-going developments of the Time to Think approach. I also run regular Thinking Environment sessions for alumni and leaders.

I am passionate about creating an environment for others to generate more of their independent thinking. I believe that by listening more to others, both the listener and the speaker become more, as individuals. I am keen to facilitate others to experience the profound impact of generating independent thinking in this world of increasing competition, complexity and time pressure.



## WHAT OTHERS HAVE SAID:

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The experience was profound at all levels – as much personally as professionally. It opened my eyes to how I might parent differently as well as coaching and consulting differently. It utterly brought to life the meaning of generative attention. I really had a tangible sense of this quality of extraordinary quality of attention. I feel totally “held” by Anna, in a safe and supportive space which feels utterly non-judgement. It allows me to say things out loud that I might not even fully acknowledge to myself in my head usually.

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A wonderful awakening experience and journey to connecting deeper to whom I am. Anna is so real and authentic. She explains things so clearly, she is knowledgeable, confident, professional and makes us feel safe to explore.

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Being in a thinking environment has changed the way I see and experience the world and those around me. Anna masterfully creates a thinking environment for her participants to experience the power and magic of the human mind unfolding.

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I found the Thinking Environment session facilitated by Anna very inspiring. It has motivated me continuously to spend enough time on setting up teams and the right environments. The Thinking Environment is a good framework to have meaningful conversations.

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Anna is wonderful ambassador of the powerful and pioneering work of Nancy Kline in the T2T courses that she leads. Anna embodies the work and the components in the environment in which she delivers first class coaching theory and practice balanced with incredible amounts of ease, joy and fun too.

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Anna has brought the team together on a journey of empowerment, empathy and self discovery. Time to Think is a gift in our busy lives.

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