



# The Thinking Environment Foundation Programme

*“The quality of everything we do as human beings depends upon the quality of the thinking we do first” – Nancy Kline*

**Are you a team leader, an HR Business Partner who facilitates teams, a facilitator, a chair, a Board member or CEO?**

## OVERVIEW

Do you want to help your team move forward and grow as a team?  
Do you operate remotely as a team and feel you could do with more cohesion?  
Is the team distracted by the “experts”, “extroverts” or “overpowering individuals”?  
Do you sense that not everybody in the team is being heard?  
Are you looking for ways to improve decision making?  
Is your team looking for greater clarity around some of the direction and decisions?  
Are you interested in developing your team through generative conversations and how to nurture powerful thinking environments?

This powerful 2-day Foundation Course will give you an experience of Time to Think and how it can help to develop and deepen your team’s generative attention and relationships. . The course teaches you to generate an environment where people can think clearly, independently, innovatively and without interruption in a group setting. You will transform your group’s interactions, allowing real collaboration, deeper listening and better decision-making.

## WHAT YOU WILL EXPERIENCE

- Explore the ways everyday communication structures such as meetings, dialogue, discussion, consultation, presentations, facilitation, interviews, resolving conflict and working with colleagues and staff can be transformed into clear-thinking, invigorating, more positive experiences that promote understanding and produce better results – both business and personal.
- Identify and discuss the Ten Components of a Thinking Environment, mainly the human behaviours that can help or hinder us as we work together.
- Experience the high-quality thinking that these Ten Components produce.
- The ability to solve problems through defining the right question.
- Experience the impact of uninterrupted attention to generate high quality thinking in others.
- Become a better thinker for yourself to navigate the challenges and opportunities of your personal and professional life.
- Have a set of applications to increase the thinking and performance of your team members to practically apply within your organisation.
- Deepen your relationships with everyone you interact with through deep listening.
- Increase collaboration and effectiveness in your team



## COURSE COMPONENTS

- 2 days online 930-1630 CET with plenty of breaks.
- Courses are offered twice per year.
- There is the option for Face to Face in Munich subject to demand.
- Course documentation and reading resources
- Time to Think Community of Practise
- Route to Time to Think qualifying courses. This course is a prerequisite for the Time to Think Facilitation Course

### DATES:

**17<sup>th</sup> & 18<sup>th</sup> September 2024 (Virtual or face to face in Munich)**

**DURATION: 2-day programme 9.30-17.00**

**COST : Euros 830 excl VAT (excluding lunch and refreshments)**



### About Anna

I am an Executive Coach to leaders and their teams. I am an Accredited Time to Think Coach, Facilitator, Teacher, a member of the Time to Think Collegiate. I have trained predominately with Nancy Kline, the pioneer of the

Thinking Environment. Connecting with the Collegiate regularly provides me the opportunity to develop my freshest thinking and practice in the on-going developments of the Time to Think approach. I also run regular Thinking Environment sessions for alumni and leaders.

I am passionate about creating an environment for others to generate more of their independent thinking. I believe that by listening more to others, both the listener and the speaker become more, as individuals. I am keen to facilitate others to experience the profound impact of generating independent thinking in this world of increasing competition, complexity and time pressure.



## What others have said

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The experience was profound at all levels – as much personally as professionally. It opened my eyes to how I might parent differently as well as coaching and consulting differently. It utterly brought to life the meaning of generative attention. I really had a tangible sense of this quality of extraordinary quality of attention. I feel totally “held” by Anna, in a safe and supportive space which feels utterly non-judgement. It allows me to say things out loud that I might not even fully acknowledge to myself in my head usually.

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“

A wonderful awakening experience and journey to connecting deeper to whom I am. Anna is so real and authentic. She explains things so clearly, she is knowledgeable, confident, professional and makes us feel safe to explore.

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“

A great method to strengthen collaboration, build trust and enhance the depth and quality of thinking in ANY team. Anna is so competent, supportive, and generous.

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“

I found the Thinking Environment session facilitated by Anna very inspiring. It has motivated me continuously to spend enough time on setting up teams and the right environments. The Thinking Environment is a good framework to have meaningful conversations.

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I was amazed how in a short space of time the Thinking Environment facilitated by Anna fostered a feeling of connection between a group of people who do not all know each other very well. It cut through superficiality and dived quickly, but in a way that felt comfortable, to an authentic interaction between group members.

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“

Anna has brought the team together on a journey of empowerment, empathy and self discovery. Time to Think is a gift in our busy lives.

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