The Thinking Environment Foundation Programme

INAMA COACHING
LEADERS AND TEAMS

INAMA COACHING
LEADERS AND TEAMS

"The quality of everything we do as human beings depends upon the quality of the thinking we do first" – Nancy Kline

For anyone who manages or facilitates or works with - or in teams, this 2 day programme will inspire you to participate in, and lead day to day discussions and meetings differently

OVERVIEW

This powerful 2-day Foundation Course gives you a complete overview of the range of ways in which the Thinking Environment can be applied. We will explore the system of human behaviour now known as The Ten Components of a Thinking Environment, and you will be exposed to practices which can be used individually or in combination with each other to create a thinking environment in group settings (team coaching, meetings, presentations, assisting a person with a challenge by drawing on a group's previous experience of similar challenges).

The Foundation Course begins with understanding the principles and 'components' that create the best possible environment in which to think.

We then describe and experience live a number of practical, inspiring applications to be used in groups, in meetings and in many professional and personal settings.

This powerful way of being, acknowledges that everything we do when we think together follows a structure of some kind, whether implicit or explicit (and mostly implicit). It notices that we often fall into patterns of behaviour in our groups and meetings that don't create the energy we need for clear thinking and good decisions. It acknowledges the trap of group think and stimulates each individual to tap into their own independent thinking.

WHAT YOU WILL EXPERIENCE

- Explore the ways everyday communication structures such as meetings, dialogue, discussion, consultation, presentations, facilitation, interviews, resolving conflict and working with colleagues and staff can be transformed into clear-thinking, invigorating, positive experiences that promote understanding and produce better results – both business and personal.
- Identify and discuss the Ten Components of a Thinking Environment, mainly the human behaviours that can help or hinder us as we work together
- Experience the high-quality thinking that these Ten Components produce
- Discuss the importance of this expertise for working as colleagues, teams and leaders
- Experience working through assumptions to create Incisive Questions, and the power of that

+49 (0) 176 84242729 anna@inamacoaching.com www.inamacoaching.com

- Bring together all the new building blocks of the Thinking Environment as a Transformed Meeting and experience how that works in real time
- Experience the impact of uninterrupted attention to generate high quality thinking in others.
- Become a better thinker for yourself to navigate the challenges and opportunities of your personal and professional life.
- Have a set of applications to increase the thinking and performance of your team members to practically apply within your organisation.
- Rediscover what you already know (although didn't know you knew) innate questions t hat serve to unlock the potential in others.
- Deepen your relationships with everyone you interact with through deep listening.
- Increase collaboration and effectiveness in your team

DATES:
25/26 September 2023
4/5/18/19 October 2023 (virtual Course – mornings 10-14 CET)
2/3 November 2023 (in London, UK)

DURATION: 2-day programme 9.30-17.00

COST : Euros 830 excl VAT (excluding lunch and refreshments)

About Anna

I am an Executive Coach to leaders and their teams. I am an Accredited Time to Think Coach, Facilitator, Teacher, a member of the Time to Think Collegiate. I have trained predominately with Nancy Kline, the pioneer of the Thinking Environment. Connecting with the Collegiate regularly provides me the opportunity to develop my freshest thinking and practice in the on-going developments of the Time to Think approach. I also run regular Thinking Environment sessions for alumni and leaders.

I am passionate about creating an environment for others to generate more of their independent thinking. I believe that by listening more to others, both the listener and the speaker become more, as individuals. I am keen to facilitate others to experience the profound impact of generating independent thinking in this world of increasing competition, complexity and time pressure.

+49 (0) 176 84242729 anna@inamacoaching.com www.inamacoaching.com

INAMA COACHING
LEADERS AND TEAMS

What others have said

"The experience was profound at all levels – as much personally as professionally. It opened my eyes to how I might parent differently as well as coaching and consulting differently. It utterly brought to life the meaning of generative attention. I really had a tangible sense of this quality of extraordinary quality of attention. I feel totally "held" by Anna, in a safe and supportive space which feels utterly non-judgement. It allows me to say things out loud that I might not even fully acknowledge to myself in my head usually."

"A wonderful awakening experience and journey to connecting deeper to whom I am. Anna is so real and authentic. She explains things so clearly, she is knowledgeable, confident, professional and makes us feel safe to explore."

"A great method to strengthen collaboration, build trust and enhance the depth and quality of thinking in ANY team. Anna is so competent, supportive, and generous."

"I found the Thinking Environment session facilitated by Anna very inspiring. It has motivated me continuously to spend enough time on setting up teams and the right environments. The Thinking Environment is a good framework to have meaningful conversations."

"I was amazed how in a short space of time the Thinking Environment facilitated by Anna fostered a feeling of connection between a group of people who do not all know each other very well. It cut through superficiality and dived quickly, but in a way that felt comfortable, to an authentic interaction between group members."

"Anna has brought the team together on a journey of empowerment, empathy and self discovery. Time to Think is a gift in our busy lives."

+49 (0) 176 84242729 anna@inamacoaching.com www.inamacoaching.com

© Inama Coaching, 2023